



2010 CATALOG

SUBSTANCE ABUSE PREVENTION TRAINING WORKSHOP SERIES



CPI is a project funded and directed by the California Department of Alcohol and Drug Programs and administered by the Center for Applied Research Solutions (CARS).



The Community Prevention Initiative (CPI) is a Technical Assistance and Training Project funded and directed by the California Department of Alcohol and Drug Programs and administered by the Center for Applied Research Solutions (CARS).

Through the Community Prevention Initiative, CARS offers ready-to-go trainings referred to as our Prevention Extension Workshop Series. This series aims to make state-of-the-art research and practices in the field of alcohol and other drug (AOD) prevention more accessible to communities throughout California. New to this series is a growing list of Webinars, which can also pair well with a customized technical assistance request.

The series addresses emerging issues and proven practices in the AOD prevention field. The workshops are in line with the Substance Abuse and Mental Health Services Administration's (SAMHSA) Strategic Prevention Framework, with each workshop covering at least one of the Framework's steps.

Our workshops offer the following services and resources to communities and participants:

- No-cost, one-day workshops in accessible locations across the state.
- State-of-the-art curricula developed by leading experts in the AOD prevention field.
- Continuing Education Hours (CEHs) are available to Licensed Clinical Social Workers (LCSWs), Marriage & Family Therapists (MFTs) and Certified Alcohol and Drug Counselors.
- Participant handbooks containing the material presented, including workshop exercises and other resources.
- Access to additional technical assistance requested by workshop participants.
- Networking opportunities with other community members interested in prevention work.

The workshops are provided at NO COST to groups of at least 20 participants. For information on how to bring any of the following workshops to your community please contact CARS at our toll-free number 1-877-568-4227 (1-877-568-4CARS) or visit the CPI website at www.ca-cpi.org, where you can find out more about our workshops and other services.

environmental approaches into your prevention efforts or just interested in learning more about these strategies. The first-half of this training covers the theoretical foundation for using environmental prevention strategies and focuses on the distinctions between environmental and individual-based prevention. The second half of the training focuses on specific types of environmental strategies and ways to effectively engage your community in these efforts. Participants will build skills in applying effective techniques for identifying and modifying problem environments.

ENVIRONMENTAL PREVENTION: STRATEGIES FOR ENGAGING YOUTH

This workshop is designed to support youth programs in their efforts to incorporate an environmental prevention approach—one that seeks to change the settings and messages young people are exposed to, at a community level. Additionally, this workshop offers innovative methods for involving youth themselves in these efforts by integrating proven youth-led strategies. Specific topics will include: foundations of environmental prevention as a strategy vs. campaign; presenting environmental prevention strategies to and with young people and adult allies (including approaches using visual and participatory methodologies); concrete tips and strategies for recruiting and retaining young people in prevention activities; and linking the research with the practice. Time will be allocated for participant cross-sharing of common successes and challenges to implementing youth-led environmental prevention strategies. Participants will engage in an action planning activity to identify follow-up strategies.

COMMUNITY ACTION TO REDUCE BINGE DRINKING WITH YOUTH AND YOUNG ADULTS

The purpose of this workshop is to assist participants in developing strategies to address binge and excessive drinking in their communities. This training provides current trends and data on binge drinking among youth and young adults. It also provides information on the impact of binge drinking in high school and on college campuses, and in communities. The workshop includes an overview of effective and promising practices to address binge-drinking issues. These practices are primarily environmental prevention strategies that are designed to change community norms and environmental factors that contribute to problems resulting from underage and binge drinking. Finally, participants will have an opportunity to apply the environmental approach to their communities by developing an action plan. This workshop is also available in Spanish.



RESPONSIBLE BEVERAGE SERVICE (RBS) TRAINING

Responsible Beverage Service (RBS) is a well-researched, community-based approach to reducing risks associated with retail alcohol environments. The CA State Department of Alcoholic Beverages Control (ABC) has identified three essential elements to RBS: (1) Alcohol policy for the alcoholic beverage licensed establishment; (2) Server education and oversight; and (3) Partnerships with law enforcement, other local agencies and community

groups. While this training is not yet required by the State of California, more and more local municipalities are passing mandates for businesses within their jurisdiction to attend certified RBS training. In addition, establishments found to violate laws may be eligible for mitigation from state penalties if their employees have current RBS training certification.



This Level 2, ABC Certified Training teaches current liquor laws pertaining to individuals involved in the service or sale of alcoholic beverages, including cashiers, servers, bartenders, doormen, bouncers, etc. Participants will learn about drink size and limits, applying techniques for identifying minors, and intervening with intoxicated individuals. Additionally, the community impacts are discussed, such as driving under the influence, which are related back to the importance of having good working relationships with law enforcement, community stakeholders and coalitions. While the main audience for this training is employees of an ABC licensed establishment (either on- or off-sale), the workshop is also beneficial for substance abuse prevention providers and those in the field of public health. After completion of this 1/2-day training a test will be administered for anyone requiring an official certificate of completion. This workshop is also available in Spanish.

PUBLIC POLICY 101: FROM ASSESSMENT TO ENFORCEMENT

This training provides an overview of environmental prevention (EP) theory and application. At the core of most EP strategies are public policy initiatives and laws. Attendees will learn to assess, develop, and monitor proven-effective policy strategies for preventing substance abuse in their communities. Starting with the conceptual framework for community assessment and planning, the training will address the important role that norms and policies play in reducing risk (and enhancing resiliency) factors for alcohol and other drug abuse. Typologies of policies specific to ATOD prevention will be introduced and a comprehensive planning model for communities will be presented and applied by attendees. Participants will be primed with methods for changing community and social norms, and instituting comprehensive prevention policies. Lastly, the need for and means to monitoring the implementation of a given policy will be discussed in detail. This training is an introductory level training.

TOOLS FOR REGULATING LOCAL ALCOHOL AVAILABILITY

Communities have long made the connection between alcohol related problems and the availability of alcohol, specifically the proximity of retailers and bars to schools, parks and neighborhoods. In an effort to reduce the availability of alcohol in places that children and families frequent, communities have turned to land use powers to regulate how, when and where alcohol may be sold. This training provides an overview of the key components of local land use related regulatory tools (i.e. Conditional Use Permits, the Deemed Approval Ordinance, and the requirement for municipalities to establish Public Convenience or Necessity). Adapting these regulations involves partnering with local governments; to this end, this training will address how to mobilize communities to work together with policy makers and land use planning staff to reduce access to alcohol. Participants will develop action plans designed

PREVENTION IN ACTION: PROGRAMS, PRACTICES, AND STRATEGIES

ENGAGING YOUTH AND FAMILIES: CULTURALLY COMPETENT RECRUITMENT AND RETENTION STRATEGIES

Effective recruitment and retention strategies are critical to ensuring successful programs. Achieving strong participation rates is often challenging for prevention providers; this is particularly true when agencies are providing new services or outreaching to new communities. This workshop is intended to assist programs by highlighting applied strategies for increasing outreach success and participant engagement. Both proactive and reactive recruitment strategies will be discussed, as well as social marketing techniques. The workshop emphasizes youth and parent participation strategies and culturally appropriate techniques for facilitating participation. Additionally, there is time allocated for group discussion, small group activities and networking to identify current successes and challenges that participants are experiencing in regards to recruitment and retention.

FROM RISK TO RESILIENCE: INSIDE-OUT PREVENTION

How can you promote the healthy development of young people, even those already experiencing problems? This training shifts the focus of prevention from mitigating risk factors to tapping protective factors that enhance youth resilience. Training topics include an overview of the research base, identification of personal assets identified with resilience, examination of the resilience process, and an exploration of prevention strategies that tap youth resilience. Participants will have an opportunity to apply strategies to their circumstances.

OLDER ADULTS, OVER-THE-COUNTER AND PRESCRIPTION DRUG USE, MISUSE AND ABUSE

This day-long training is designed to familiarize participants with issues related to prescription drug use, misuse and abuse with the older adult population. Participants will learn about contributing factors to these problems unique to older adults. Participants will also begin to consider how to address these problems in their own communities, beginning with assessment and selection of appropriate prevention strategies that take into consideration unique population needs. Participants will also receive information about research and other resources.

NEW OPPORTUNITIES: AOD PREVENTION FOR PEOPLE WITH DISABILITIES

This train-the-trainer workshop will offer participants a new lens through which to understand and work with people with disabilities on preventing substance abuse and improving quality of life. The many risk/protective factors that influence AOD use will be discussed in relation to the particular circumstances of people with disabilities. Attendees will be able to identify general techniques and strategies for AOD prevention for this community, while also learning about more about a specific prevention approach known as: Community Outreach Resource and Service (CORS), which involves outreach to the disability community through Independent Living Centers.

Community-Based and Environmental Prevention Series

ENVIRONMENTAL PREVENTION 101: COVERING THE BASICS

This training is appropriate if you are thinking about integrating

to initiate an ordinance in their own community and establish a network of interested parties and alliances.

PREVENTION AND THE LEGISLATIVE PROCESS

This workshop will demonstrate the importance of understanding the legislative process and teach participants how to impact state legislation to further their prevention goals. Participants will learn the ins and outs of the California State Legislature, the differences between state and local control, and the influential power of organizations and lobbying. The workshop will build on basic concepts of environmental prevention, community organizing and policy work. The relevance to the ATOD prevention field will be made with an exploration of specific policies and suggestions for advancing policy strategies that consider the alcohol industry and the structure and regulation by Alcoholic Beverage Control (ABC).



Mentoring Series

CREATING A SAFE AND EFFECTIVE MENTORING PROGRAM

This two-day workshop focuses on establishing a high quality mentoring program using the Recommended Best Practices as a developmental framework. This workshop is especially helpful for new mentoring programs. The workshop covers the primary roles of mentoring staff, how to ensure proper monitoring of each “match” to ensure that each party feels supported by the program through the creation of a “community of

caring.” Resources and supports should equally address the mentor as it does the mentee and strategies will be discussed to achieve this balance. The basics of how to make a successful match, when to end a match and start a new one, how to provide supervision balanced with support, and how group activities can be used as a tool for support in these efforts will all be included.

FOSTER YOUTH MENTORSHIP TRAINING FOR PROGRAM MANAGERS

This workshop is designed to assist programs who serve youth in foster care in interacting with the foster care system; dealing appropriately with the special needs of foster youth; understanding the experience of being raised in foster care; and creating programs that are friendly and accessible to foster youth and the agencies that serve them. Training participants learn to map the resources available to foster youth, and the role of a mentor and the mentor program within that map are discussed. Ideas on how to construct matches with clinical support are given, and integration of the mentor into the foster youth’s treatment team is encouraged.

MENTORING PROGRAM BASICS

A half day workshop focusing on two important tools for developing new mentoring programs — the Recommended Best Practices and the mentor training manual. Common obstacles that new programs encounter and the solutions to those challenges will be addressed. This workshop is helpful for organizations that are considering starting a mentoring program.

PREPARING MENTEES FOR SUCCESS: A PROGRAM MANAGER’S GUIDE

This workshop focuses on preparing mentees for the mentoring experience. Mentoring programs tend to focus on training their mentors, but seldom extend the same attention to orienting those on the receiving end of the mentoring relationship. Training mentees will help them to optimize the mentoring experience and ensure that the program operates safely. This workshop will explore what programs are currently doing to promote safe, healthy, and successful matches through working with mentees before they are matched.

RESPONSIBLE MENTORING

A workshop that focuses on one of the most challenging facets of mentoring—dealing with difficult subjects including drugs, sex, pregnancy, and various family issues. When a youth takes the risk of discussing such an issue with a mentor it often has a strong impact on the relationship and the life of the mentee. The success of a mentoring program requires that mentors be well trained to handle such topics, and that agencies provide mentors the support, supervision and clear guidelines they need when these delicate situations arise. This workshop will help to prepare agencies to train and support mentors as they face these issues, as well as to have a plan for intervention and reporting when necessary. This workshop targets established mentoring program staff.

RISK MANAGEMENT FOR MENTORING PROGRAMS

This workshop presents a comprehensive approach to risk management that utilizes curricula based on the book, “More Than a Matter of Trust: Managing the Risks of Mentoring,” written by the Nonprofit Risk Management Center in Washington D.C. The workshop will cover the six-steps of risk management, and it will help program managers and administrators to not only evaluate safety and liability issues in their program, but to institute an ongoing risk management.

BUILDING PARTNERSHIPS, CAPACITY, AND SUSTAINABILITY

ASSET MAPPING: FINDING ALTERNATIVE RESOURCES



Your community is a bank of human assets and financial wealth. This workshop teaches participants how to map local assets, both people-based and material-based, and then develop creative approaches to tap renewable, community based resources. The purpose of the training is to provide hands-on skills in the capacity mapping approach to community development. This training will also

acquaint participants with innovative, alternative approaches to community resource development, demonstrate how other communities have succeeded and suggest resources that are not widely accessed by prevention programs.

GRANT WRITING: DEVELOPING AND MAINTAINING AOD PREVENTION PROGRAMS

This workshop is offered as a 1 or 2 day training for those who want to work on the nuts and bolts of composing different kinds of proposals and learn ways to build ongoing relationships with both public and private funding interests. This workshop, designed for both beginning and intermediate level grant writers, will do both. You will learn how to tailor your proposals to different audiences, know the growing importance of the Internet in both researching and writing to possible grant sources, develop a Proposal Ready System, and be given a comprehensive compendium of public and private funding entities specific to AOD prevention.



LEADING INTO THE FUTURE: MAINTAINING AND SUSTAINING ALCOHOL AND DRUG PREVENTION INITIATIVES

Whether funded or not, many coalitions struggle to stay true to their mission, maintain participation and engage the community. Is your coalition suffering growing pains and in need of more structure? Does your coalition rely on a few worker bees, with inconsistent participation and a revolving door of members? Have you lost direction and a connection to the bigger picture of what brings everyone to the table? Do you have true representation from the community and other important stakeholders? This introductory workshop will provide the basics on assessing the health and strength of your coalitions, with an emphasis on acquiring the knowledge and skills to build these partnerships into lasting, meaningful and mutually rewarding efforts. Participants will learn the critical aspects of sustainability, including the ability to conduct an assessment and do the planning involved that will lead to a coherent sustainability plan.

NON PROFIT BOARD DEVELOPMENT

This workshop provides the basics of non-profit board development. Participants will learn the roles and responsibilities of board members, including the legal and ethical components of the commitment, as well as how to identify and honor conflicts of interest when making board decisions. The non-profit mission will be discussed and will include an exercise on how to develop a strong and enduring mission that well represents the work of the organization. The various typical functions of a board will be discussed including: Executive Director hiring, accountability, performance review and support; oversight of organizational finances; review of personnel policies; strategic planning; Strengths, Weaknesses, Opportunities and Threats (SWOT) method of analysis that relates to long term planning; deciding direction of agency programs; and assessing the overall performance of the organization.

STOP THE TRAIN, I WANT TO GET ON! A GUIDE TO BUILDING LONG-TERM PARTNERSHIPS WITH SCHOOLS

The public school system sometimes operates like a train that

speeds along fueled by the national vision of educating everyone, while having difficulty finding time to stop at the platforms full of people, programs, and systems ready and willing to help. Establishing long-term and mutually beneficial partnerships with schools can be challenging for community-based organizations looking to integrate new services and programs into schools or in conjunction with schools. This capacity building workshop is designed to assist those who are interested in creating or strengthening partnerships with schools in delivering prevention efforts. Concrete tips and strategies for establishing, nurturing, and sustaining partnerships will be provided.

FOUNDATIONS OF PREVENTION

PREVENTION 101: FOUNDATIONS OF SUBSTANCE ABUSE PREVENTION

This introductory workshop provides an overview of the foundational theory, principles, strategies and current trends within the field of substance abuse prevention. The course is appropriate for those new to substance abuse prevention or for those who are looking for a general refresher course on the basics. The course provides an overview of prevention research and theory and traditional prevention approaches. In addition, the concepts of data-driven planning, evidence-based implementation, and outcome-based decision making are introduced.

APPLYING THE STRATEGIC PREVENTION FRAMEWORK (SPF)

The training is broken into five modules corresponding with the SPF steps: 1) Assessment, 2) Capacity Building, 3) Planning, 4) Implementation, and 5) Evaluation. In full, it is a two-day training; however, each module can be requested as a half-day training course as well.



Participants will build knowledge regarding strategies for applying the SPF in real-world settings. The workshop discusses strategies for integrating the SPF into county-wide systems and processes as well as methods for applying the principles to local programming efforts.

APPLICATION OF THE INSTITUTE OF MEDICINE (IOM) MODEL

The Institute of Medicine (IOM) categorization of prevention into universal, selective and indicated populations has been widely adopted in the prevention field, yet the terms are neither precisely nor uniformly applied in practice. This training will provide participants with a basic overview of the IOM population-based approach to planning prevention services. In addition, group discussions will focus on real-world application of the IOM model by walking participants through case examples. The benefits of using the IOM population categories for identifying and recruiting participants, selecting effective interventions, anticipating feasible outcomes, and moving towards a continuum of services approach will also be addressed.

Evaluation Series

GRASSROOTS PROGRAM EVALUATION

This training is intended to provide an overview of the topic of program evaluation for AOD prevention programs. Evaluation is often viewed as an activity which is expensive, time consuming, and beyond the resources of prevention specialists. Rather than attempting to collect information which answers basic questions for programs, prevention specialists are often afraid to collect any information if they cannot do the perfect study. Given the limited resources, this means that most programs do nothing rather than settle for achievable goals. Don't let this happen to you.

PAINLESS PROGRAM EVALUATION: A STEP-BY-STEP GUIDE TO MEASURING OUTCOMES

Conducting a solid and informative program evaluation is essential to providing effective prevention efforts. This workshop is designed to support program staff in efforts to design and implement program evaluation. The focal point of the workshop is geared towards choosing and/or developing appropriate evaluation instrumentation that best measures your specific program outcomes. General measurement guidelines will be discussed in detail to help you determine if instrumentation is appropriate for your program. This includes consultation to help you select an appropriate measure format (e.g., interviews, questionnaires); determine whether an instrument is appropriate for your population; and decide on optimal standardized or locally developed instrumentation for your program. Please come prepared to discuss specific issues and challenges, as this will aid us to better support your requests and answer your questions. Please bring copies of your proposed measures and evaluation logic model with you.



GOT DATA? A STEP-BY-STEP GUIDE FOR MAKING DATA WORK FOR YOU

This workshop is designed to support program staff in their efforts to manage data as part of a comprehensive evaluation, an essential component of accountability and program improvement. The workshop will address all aspects of data including, collecting, entering, storing, processing, analyzing, and reporting. General guidelines and strategies for

data management and basic analysis techniques will be presented. In addition, recommendations for effective report writing and disseminating finding to stakeholders in a meaningful way will be discussed. The focus includes theoretical and practical knowledge and skill sets that you can apply independently or in collaboration with a program evaluator. Participants are encouraged to come to the table with specific issues and challenges to discuss as well as samples of evaluation-related documents such as, logic models and evaluation instruments (surveys, focus group questions, interviews, etc.).

AIN'T NO MOUNTAIN HIGH ENOUGH: TAKING YOUR EVALUATION TO THE NEXT LEVEL

When the basic mechanics of successful prevention efforts are in operation: logic models in place, services implemented, and evaluation plans in action, the next step is to determine how far to go. Shift into high gear! This workshop is designed for those who

are interested in advancing their evaluation design and rigor. The focus of this workshop is on: advancing program and evaluation design (with an emphasis on documenting evidence at the local level); enhancing program materials (i.e. replication and training manuals); identifying opportunities for replication and expansion; and creating action plans for applying for awards and recognition (i.e. Service to Science to Science Academy, Exemplary Program status, and being published in peer review journals).

YOUTH IN FOCUS: CONDUCTING YOUTH-LED FOCUS GROUPS

Conducting focus groups is an excellent way to gather non-scripted information from community members and engage young people in a meaningful way. Focus groups play an important role in community assessment, as well as evaluation, and can be a particularly useful strategy for understanding the "why" behind common norms, attitudes, and perceptions. When done well, focus groups foster dialogue, providing participants a chance to build on each others' ideas in a safe, non-judgmental setting, which can add a level of depth and understanding to an issue. This workshop is appropriate for youth who will be engaging in focus group efforts and their adult allies. Participants will be trained on techniques for developing focus group questions, focus group interviewing and facilitation techniques, as well as steps for summarizing and utilizing the data collected.



MANAGING INDUSTRY DONATIONS: A PRIMER AND DISCUSSION ON HOW PLANNING AND ORGANIZATIONAL POLICY DEVELOPMENT CAN HELP



Like all organizations that provide social services, AOD prevention providers are living in an environment of scarce resources and shrinking budgets. Many organizations providing substance abuse prevention services find themselves in a dilemma when deciding to accept or solicit support from a donor whose business or affiliations are (or can be perceived to be) in conflict with the organization's mission. Take for example the common practice of soliciting donations

from wineries, especially in the many wine growing regions of California. The decision to accept or not accept funds/donations/sponsorships from this type of company does not come easily, there are many considerations. CARS has prepared a Prevention Tactic that addresses this issue and offers a practical guide to establishing guidelines and policy to address this common fundraising dilemma.

KEYS TO GRANT RESEARCH: DISCOVER THE LATEST TOOLS, RESOURCES AND OPPORTUNITIES FOR SUBSTANCE ABUSE PREVENTION FUNDING

With ongoing pressure to restore funding, many organizations are stepping up their requests to funders. Finding the right grant opportunities and knowing what to ask for will save you valuable time and resources. This informative webinar will focus on identifying appropriate funding sources for your substance abuse prevention work. Learn how to evaluate opportunities and find a better match between your programs and the abundance of funders, from local foundations to large government agencies. You'll learn about where and how to look for funding opportunities as well as tools for streamlining your searches and monitoring your progress. This webinar will prepare you for your next grant search and increase your chances at success in this highly competitive grant making market.

PROGRAM SUSTAINABILITY, GROWING STRONG BY RETURNING TO YOUR ROOTS



As organizations face funding cuts and shrinking budgets, many are thinking about how to sustain the important work they do. When we think about sustainability, we often jump to quick "solutions" such as grant writing and fund development. While these methods are often effective at funding services, they will not and cannot sustain the work forever. In order for true sustainability to occur one needs to focus on continuing the benefits and outcomes that a particular program imparts on its participants. These benefits need to be set on a

foundation of community interest, partnership and giving, and at the core there should be a dedicated belief in prevention.

WEBINARS

EVIDENCE-BASED INTERVENTIONS, A NEW PARADIGM FOR SELECTING PREVENTION STRATEGIES

There are many reasons why programs, practices and initiatives take root in our communities: word of mouth, tradition, and stakeholder support, to name a few. Evidence-based programming has become a standard and prevention providers now look for this seal-of-approval. But what does evidence-based really mean? For those in the substance abuse prevention field, SAMHSA* has developed a new standard for assessing evidence, which is reflected in their web-based, decision-making resource and that marks an essential step in the planning process. The recently updated National Registry of Evidence-based Programs and Practices (NREPP) site helps those in the field find interventions through an interactive, searchable database. SAMHSA has moved from categorical ratings of programs, which prompted a "pick of the list" approach, to one that guides the user toward choices that consider evidence related to the relevance and appropriateness of fit to the community, resources, and capacity. The NREPP approach to finding interventions is outcomes driven, and includes a selection process that leads to interventions that are culturally relevant and more likely to be sustained.

*U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention www.samhsa.gov.

ONLINE TRAINING COURSES

Substance Abuse Prevention Foundation Series

Courses in this series include:

- ▶ **Introduction to the Field of Substance Abuse Prevention**
- ▶ **Introduction to the Practice of Substance Abuse Prevention**
- ▶ **Understanding Adolescents and Their Developmental Challenges**
- ▶ **Changing Behavior – The Transtheoretical Model**
- ▶ **Drugs - An Introduction**
- ▶ **Drugs and the Adolescent Brain**
- ▶ **Interactive Delivery in Prevention—Experiential and Reflective Learning**
- ▶ **Interactive Delivery in Prevention—Communication and Facilitation Skills**

Strategic Prevention Framework (SPF) Series

Courses in this series include:

- ▶ **Needs Assessment in Substance Abuse Prevention**
- ▶ **Asset Mapping for Substance Abuse Prevention**
- ▶ **Building Capacity for Substance Abuse Prevention**
- ▶ **Planning Effectively for Substance Abuse Prevention**
- ▶ **Using Social Indicators in Prevention Planning (Under Development)**

Environmental Prevention Series

Courses in this series include:

- ▶ **Responsible Beverage Service**
- ▶ **Media Advocacy**

Mentoring Program Development Series

Courses in this series include:

- ▶ **What Makes Mentoring Work?**
- ▶ **Starting a Mentoring Program**
- ▶ **Orientation for Mentors**
- ▶ **Finding Mentors**
- ▶ **Orientation for Mentees**
- ▶ **Mentoring Programs: Improving Academic Performance**
- ▶ **Closing Mentoring Relationships: Ending Well**
- ▶ **Mentoring Case Management: You've made the Match, Now What**
- ▶ **Evaluating Your Mentoring Program**

For more information or to access the online training courses, please visit www.ca-cpi.org or contact CARS directly at: 1-877-568-4227





923 College Avenue
Santa Rosa, CA 95404
www.ca-cpi.org
www.cars-rp.org

NEED CUSTOMIZED TRAINING AND TECHNICAL ASSISTANCE?

When you need training or technical assistance in a specific skill or content area that meets a unique local need, our team of expert consultants is available. They will work closely with you to develop and deliver customized training and technical assistance at your site based on the information most relevant to reaching your goals. CARS uses a cadre of consultants with a vast array of expertise to deliver TA and training services. Consultant bios can be viewed on the CPI website and options can be discussed in detail with the CARS program staff.

HOST A WORKSHOP IN YOUR COMMUNITY

Your organization can host one or more of the NO COST workshops described in this brochure.

CONTACT US FOR DETAILS

For more information regarding how to bring Community Prevention Initiative workshops to your community, scheduled workshops, registration information, and curricula abstracts, please contact CARS.

Toll-free 1-877-568-4227 (1-877-568-4CARS)

923 College Avenue, Santa Rosa, CA 95404

Phone: 707-568-3800

Fax: 707-568-3810

www.ca-cpi.org



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