

Partnering for Success: Relevant Initiatives

Mental Health Services Act

Prevention and Early Intervention Component

MHSA PEI Quick Overview

- Mental Health Services Act (2004) provides funding for mental health services through 1% tax on incomes over \$1 million
- Sets aside 20% of funding for prevention and early intervention (PEI)
- Counties held local stakeholder processes to identify needs and priorities and develop initial PEI implementation plans

PEI Programs Snapshot

- No requirement that a certain amount of funding be spent in prevention versus early intervention
 - but most counties have prevention programs – 97% have at least one
- Community settings- counties committed to provide PEI services at sites where people go for other routine activities, including:
 - schools (93%)
 - primary care (81%)
 - homes (71%)
 - diverse social and community settings (76%)
 - community-based organizations (86%)
 - faith-based organizations (64%)
 - childcare or pre-school (59%)
- 86% of counties included co-occurring mental health and substance-use issues as an element of at least one PEI program

Source: MHSOAC PEI Trends Report 2011

MHSA Update

- **March 2011 - California legislature passed AB100**
 - made changes to the program approval process (among other things)
 - counties no longer seek approval from DMH and MHSOAC, handled locally
- **Also, 2012-2013 governor's budget proposes reorganization of public mental health**
 - DMH functions split up by end of FY 2011-12
 - Community programs including much of the MHSA moving to Department of Health Care Services

Opportunities for Cross-System Sharing

- Some areas where there may be opportunities to streamline efforts, reduce duplication, and learn from each other include:
 - Integration efforts/ Preparation for health reform
 - Peer services
 - Strategic Prevention Framework

Integration efforts/ Preparation for health reform

- As county behavioral health test out different ways of partnering with physical health to improve whole health care, good place for other prevention efforts
 - Substance use
 - Certainly a place for substance use treatment to either learn from or be part of treatment integration efforts, but also important to jointly push for prevention services
 - Any other prevention effort (more likely already tied to physical health)
 - link push for whole health (treatment) to push for “whole wellness”(prevention)
 - link push for any prevention to whole prevention

Peer Services

- As behavioral health continues to develop and promote peer-run and peer-based services, link to whole health prevention:
 - Jointly push that peer services include prevention services, not just clinical alternatives (e.g., peer run crisis units) or maintenance (wellness centers for people already in recovery)
 - Peers can be cross-trained to provide prevention services in multiple disciplines:
 - health educators for multiple health promotion topics
 - screening for early signs of multiple conditions

Strategic Prevention Framework

- In terms of the SPF, opportunities with MHSA PEI include:
 1. Assess Needs –
 - counties have already done their big MHSA PEI needs assessments and benefitted from assessments done by other systems - may want to check out these assessments
 2. Build capacity –
 - Workforce development – cross trained
 - Build new partnerships/collaborations with mental health prevention providers

Strategic Prevention Framework (continued)

3. Plan

- Promote/support development of cross-system prevention planning, coordinated planning

4. Implement

- Identify opportunities for mutual support, common activities, shared resources

Strategic Prevention Framework (continued)

3. Evaluate

- Mental Health is new to the field of prevention evaluation
- There are no State standards
- Counties develop their own approaches, state organizations are currently looking at building some structure/guidance
 - Offer your expertise and help mental health get up to speed
 - Contribute to discussions about developing evaluation systems – not just to offer your expertise, but to look at opportunities for leveraging activities for joint benefit
 - May be opportunities to leverage resources, share surveys (add questions), develop comprehensive approach

Thank you!

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