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# Planning for Prevention Across Systems June 5-6, 2012

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State Superintendent  
of Public Instruction

# The Problem and the Opportunity

- Schools/LEAs are suffering
- Loss of Funding Sources
- County Coordinators losing our infrastructure
- Schools and counties are losing their expertise
- Students' needs are not being met



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# Increased need for Internal Collaboration

- CDE itself sees the need for internal collaboration
- Divisions are looking at the whole child
- Foster Youth, Mental Health,
- Educational Options for students
- Elements of Coordinated School Health
- After School programs



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# Increased Need for External Collaboration

- Department of Public Health
- Department of Alcohol and Drugs Program
- Tobacco Control Program
- County Offices of Education



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# CDE's Initiative

- Team California for Healthy Kids (TCHK)
- “Making Healthy Choices the Easy Choices”
- Increase Physical Activity (MVPA)
- Increase access to fresh water
- Increase access to fruits and vegetables



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# TCHK Partners

- Department of Public Health
- Food and Agriculture
- Council of Mayors
- Student Health Centers  
(Prevention services may be housed there)



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# Safe and Supportive Schools Grant

- 59 High Schools implementing School-wide improvements
- Data is driving their reform efforts
- Engagement, environment and safety
- Drug and alcohol use still a problem
- Especially among special populations: LBG T students



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# Centers for Disease Control Coordinated School Health

- Health Education
- Physical Education
- Health Services
- Counseling and Psych. Services
- Healthy School Environment
- Health Promotion for Staff
- Family and Community Involvement





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# Tobacco Prevention

- Emphasis on Youth Development
- Prevention works
- Crosses over into AOD
- Needs of many students are simple:
- Meaningful participation
- High Expectations
- Caring relationships



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# How Do We Increase Collaboration?

- Reach out- “Hi I’m Tom, tell me about what you do.”
- Build personal relationships
- You can’t collaborate with an agency or a non-profit, you collaborate with a person.
- How can you benefit what others do should be the first question.



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# Thank you for what you do.

“He who understands the “why”, can  
bear any “how”.”

Viktor Frankl

Tom Herman

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