

Community Capacity-Building

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Behavioral Health & Recovery Services
A Mental Health, Alcohol & Other Drug Services Organization

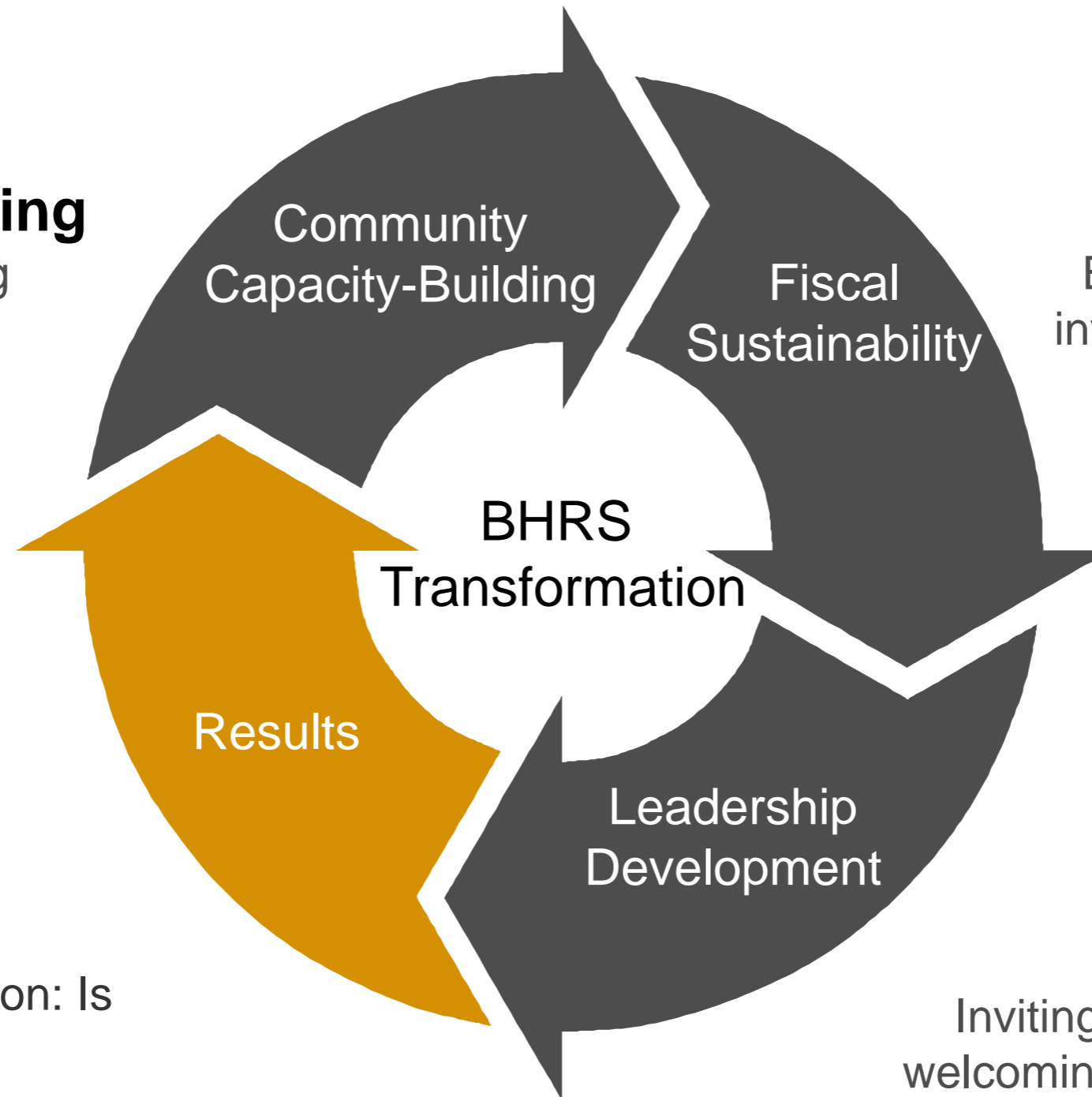
A four-fold commitment to transformation

Community Capacity-building

Promoting wellbeing beyond services

Fiscal Sustainability

Budget prudence, and inviting others to join us



Results

Driven by the question: Is anyone better off?

Leadership Development

Inviting collective wisdom by welcoming the leadership of all

“Community”

“Capacity-Building”

- Community: A group of people who know each other well enough that they can act together and support each other.
- Capacity-building: Strengthening the ability of communities to act on their own behalf to promote the wellbeing of their members.



Community Capacity-Building Planning Model

Community-driven efforts

- 1.Existing resources + efforts
- 2.Other no cost/low cost options
- 3.Time-limited wellbeing grants

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Programs and Services

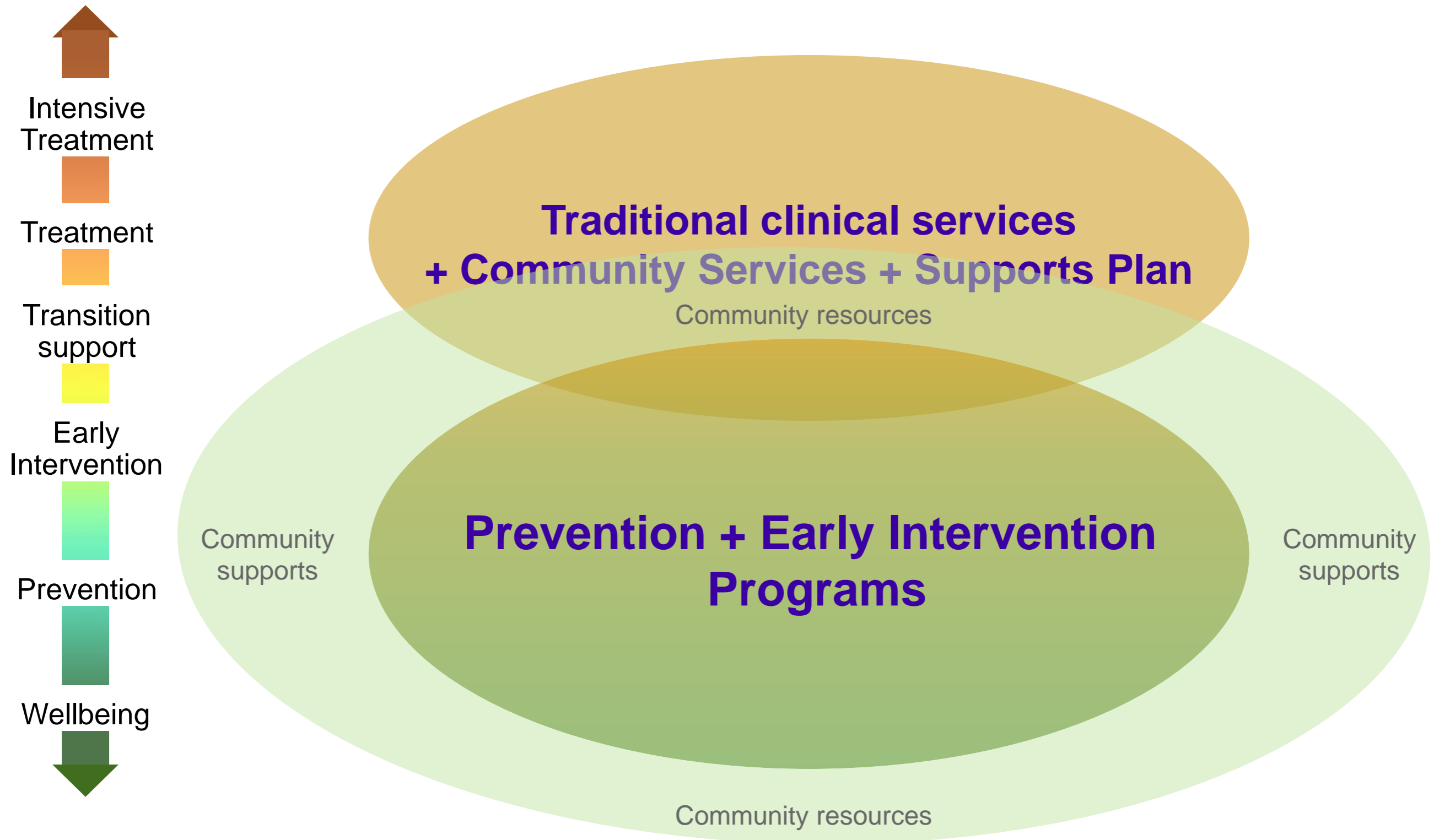
- 1.BHRS: AOD/MH TX/PEI
- 2.Other funders

Strategies
to improve
community-
defined
indicators
of change

**Community-
defined
Indicators:**
“How will we
know we are
making a
difference?”

Results
communities
are committed
to achieve
*Not needs, but
conditions of
well-being we
want for our
community*

Across the Spectrum: MHSA PEI & AOD E&P



**Prevention Resources
(AOD/MHSA PEI):**
Provides fiscal support for
community
driven/developed plans



**Regional
Results & Indicators
(AOD/MH)**

AOD/MHSA PEI Plan:
Common
Results & Indicators
(AOD/MH)
Focused on
Well-being

CCBI Projects

- Community Well-Being Projects/Plans
- Promotores/Community Health Outreach Workers
- Children are People
- Spirituality/Faith Initiative
- Youth Leadership Initiative



Lessons/Opportunity

- Shift in perception: illness versus well-being
- From “programs” to broader efforts focused on prevention/well-being
- A focus on results (what do we want to create) not just strategies
- Systems/Staff development in the prevention field
- Leadership development and Relationship building
- Restructuring funding to support “community-driven” plans focused on improving well-being





Promotores/Community Health Workers CIMH Partnership

A focus on well-being...

Is exploring what makes life worth living and building the enabling conditions of a life worth living.

The goal of understanding well-being and building the enabling conditions of life is by no means identical with the goal of understanding misery and undoing the disabling conditions of life.

Dr. Martin E. P. Seligman,
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