



Community Prevention Initiative



Training and Technical Assistance Project Workshop-By-Request

NO COST TRAINING

Co-Sponsored by:
Sun Street Centers

WHEN

Tuesday, January 12th,
2009

WHERE

Sun Street Center -
Andy Church
Educational Hall
11 Peach Drive
Salinas, CA 93901
Parking is available on
Peach Drive

TIME

Registration begins at
8:30 am; Training from
9:00 am—3:30pm
BROWN BAG LUNCH

6 CEU's for LCSW, MFT
and AOD Counselors

BBSE Provider #2190
CAADAC Provider
#4N-08-923-0610

Sponsored by Center
for Applied Research
Solutions (CARS)

Brief Intervention for Substance Using Adolescents

Facilitated by Ira Sachnoff

Workshop Description

The goal of this one day training is to build skills of counselors working with adolescents. Brief Intervention is a short-term counseling intervention that consists of 2 to 4 sessions aimed at adolescents who use alcohol and/or other drugs. This training approach uses motivational interviewing, cognitive behavior therapy and the *stages of change* model to meet the needs of adolescents.

Learning Objectives:

- **Examining the counselor's attitudes and relationship with teens**
- **Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.**
- **Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial**
- **Increasing knowledge about drug and alcohol use among teens**
- **Utilizing Motivational Interviewing to empower rather than enforce**

Please come prepared to discuss specific goals and challenges, as this will aid us to better support your requests and answer your questions.

About the Presenter

Ira Sachnoff was the Director for the San Francisco Peer Resource Programs from 1980-1996. In this capacity Ira was responsible for the supervision and training of 25 Peer Resource Program Coordinators who trained over 1,000 youth who then served over 20, 000 youth in The San Francisco Unified School District. Currently, Ira is the High School Alcohol & Tobacco Program Consultant for the San Francisco Unified School District and is also a consultant for the Alameda County Office of Education and the Contra Costa County Office of Education. Ira also has his own consulting company Peer Resource Training and Consulting where he has in the last five years trained over 3,000 tobacco youth peer educators and over 500 adults in the art of setting up Comprehensive Tobacco Prevention and Cessation programs for youth. Ira has also trained over 2,000 adults in the last 20 years in the art of setting up successful Peer Resource/Helping Programs.

Register Online (Link Below) or FAX Registration Form

<http://www.mypreventioncommunity.org/event/BriefInterventionMonterey>

Community Prevention Initiative TA/Training Project Workshop-By-Request



Center for Applied Research Solutions

923 College Avenue, Santa Rosa, CA 95404

Phone: 707-568-3800

Fax: 707-568-3810



Registration Transmission

DATE:

TO: Maria Traylor

FAX: 707-568-3810

SENDER: _ _

SUBJECT: CPI TA Workshop-By-Request
Brief Intervention, Tuesday, January 12th, Monterey County

Pages: 1 total

**Please submit your registration at least 5 days prior to the workshop date.
Please fax request to (707) 568-3810 or contact Maria Traylor at (707) 568-3800**

Name: _____	Title: _____
Organization: _____	County: _____
Address: _____ _____	City: _____
Zip: _____	Email: _____
Phone: _____	Fax: _____

Please check box for CEU: _____ LCSW/MFT BBSE Provider #2190 _____ License Number
_____ AOD Counselor CAADAC Provider #4N-08-923-0610 _____ License Number

Thank you for submitting your registration! We will contact you shortly.