



2020 VIRTUAL REGIONAL TRAINING RESOURCES

The resources listed below have been selected to help participants ground themselves in the essential frameworks that structure and inform the conference. These resources explore trauma-informed care and social determinants of health. They are guided by SAMSHA's six key principles for supporting trauma-informed care:

1. Safety
2. Trustworthiness and Transparency
3. Peer Support
4. Collaboration Mutuality
5. Empowerment, Voice Choice
6. Cultural, Historical, Gender Issues

KEY RESOURCE!

» [The Role of Prevention in a Trauma-Informed Approach to Wellness](#)

This Prevention Tactic describes the impact of trauma on individuals and communities; defines the key components of a trauma-informed approach and details how they differ from other current prevention efforts; and provides examples from cities that are using a trauma-informed approach for whole community wellness.

» [ADVERSE CHILDHOOD EXPERIENCES AND PREVENTION OF SUBSTANCE USE DISORDERS](#)

This webinar discusses the role of adverse childhood experiences (ACEs) as a contributing factor for the development of problem behaviors during adolescence and adulthood. SUD prevention interventions are more effective when implementation occurs before these risk factors negatively impact behavior.

» [SOCIAL DETERMINANTS OF HEALTH](#)

This webinar introduces the concept of social determinants of health (SDOH)—the conditions in which we live, work, learn and play—and how these conditions impact health behaviors, including SUD. The webinar will discuss how SDOH result in significant inequities and health disparities, as well as how SDOH can impact selection of SUD prevention strategies.

- [Social Determinants of Health: A Common Language for Collaborating Across Sectors >](#)

This Prevention Tactic is designed to help prevention professionals employ the language of social determinants of health (SDOH) in order to ground substance use disorder prevention work in the broader cross-systems prevention dialogue. This tactic defines SDOH, and it explains how this terminology ties into language currently used in prevention.