

Resources Recommended by Presenters and Participants

CPI 2020 Regional Training Session 1 (October)

The following resources were suggested by the presenters (Dr. Wanda Boone and Elizabeth Waetzig, JD) or participants at Session 1 of the 2020 CPI Regional Training. These resources have not been reviewed by staff of the [Community Prevention Initiative \(CPI\)](#) or the California Department of Health Care Services (DHCS).

Inclusion on this list does not indicate endorsement from CPI or DHCS.

Books

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity | Nadine Burke Harris

<https://www.hmhbooks.com/shop/books/The-Deepest-Well/9780544828728>

The Warmth of Other Suns | Isabel Wilkerson

<https://www.penguinrandomhouse.com/books/190696/the-warmth-of-other-suns-by-isabel-wilkerson>

Caste | Isabel Wilkerson

<https://www.penguinrandomhouse.com/books/653196/caste-oprahs-book-club-by-isabel-wilkerson>

These Truths: A History of the United States | Jill Lepore

<https://www.norton.com/books/9780393357424>

Whatever It Takes | Paul Tough

<https://www.paultough.com/books/whatever-it-takes>

The Transformation: Discovering Wholeness and Healing After Trauma | James Gordon

<https://www.harpercollins.com/products/the-transformation-james-s-gordon?variant=32116621049890>

Tightrope | Nicholas Kristof and Sheryl Wudunn

<https://www.penguinrandomhouse.com/books/588999/tightrope-by-nicholas-d-kristof-and-sheryl-wudunn>

Videos and Films

Paper Tigers

<https://kpirfilms.co/paper-tigers>

Resilience

<https://kpirfilms.co/resilience>

UC Davis Symposium Part I - Trauma in Immigrant Families: Public Charge, DACA and COVID-19

<https://www.youtube.com/watch?v=8jrwF4ITVWo>

UC Davis Symposium Part II: How health systems and providers can deliver trauma-informed care to immigrant families

<https://www.youtube.com/watch?v=sFx2ImzIOxl>

UC Davis Symposium Part 3: Financial Impacts and Policy Solutions for Trauma in Immigrant Families

<https://www.youtube.com/watch?v=aoafzpO6fFg>

Web-based Resources

SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach

https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf

Original ACEs Study: About the CDC-Kaiser ACE Study

https://www.cdc.gov/violenceprevention/aces/about.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Fabout.html

ACEs Connection

<https://www.acesconnection.com>

List of ACEs science books from ACEs Connections

<https://www.acesconnection.com/g/resource-center/blog/resource-list-aces-books>

Antiracism resource list from ACEs Connections

<https://www.acesconnection.com/g/aces-and-african-americans/blog/anti-racism-resources-list>

National Child Traumatic Stress Network

<https://www.nctsn.org>

Little Manila Rising

<https://www.littlemanila.org/home>

Search Institute: The Developmental Assets Framework

<https://www.search-institute.org/our-research/development-assets/developmental-assets-framework>

Seeking Safety Intervention

<https://www.treatment-innovations.org/ss-description.html>

Friday Night Live (FNL) Youth Development Survey

[2020 High School English](#) | [2020 High School Spanish](#)

[2020 Middle School English](#) | [2020 Middle School Spanish](#)

County Level Health Rankings

<https://www.countyhealthrankings.org>

A Guide for Rural Health Care Collaboration and Coordination

<https://www.ruralhealthinfo.org/resources/12964>