ON LINE RESOURCES and HOTLINES (2018)

Suicide Crisis Support

<http://www.suicide.org>

<https://www.crisissupport.org>

Addiction Recovery

<http://secondchanceinc.com> (Alameda County)

<https://www.samhsa.gov/recovery>

LGBT Youth Support services

<https://www.thetrevorproject.org/#sm.0001umlqmj69ud72qz9253ti0ftnr>

Veteran Services

<http://www.networkofcare.org/splash.aspx>

Prisoner Reentry

<http://www.networkofcare.org/splash.aspx>

Teen Support Services

<https://teenlineonline.org>

<http://www.onyourmind.net>

Family Services

<http://www.billwilsoncenter.org/services/issue.html> (Santa Clara County)

<http://www.helpshasta.org/index.htm> (Shasta County)

HEALTH AND SAFETY HOTLINES

National Suicide Hotline: 1-800-SUICIDE (784-2433) or the National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

National Alliance of the Mentally Ill: 1-800-950-6264

National Domestic Violence Hotline: 1-800-799-SAFE (1-800-799-7233); TDD -1-800-787-3224

National LGBT Crisis Hotline:1-866-4-U-TREVOR

Senior Crisis Hotline (Elder Friendship Line): 1-800-971-0016

Veterans Crisis Hotline: 1-800-273-8255

California Elder Abuse Hotline: 1-888-800-4800

National Teen Crisis Line (Safe Place): 1-888-290-7233

Addiction and Recovery Crisis Helpline (SAMHSA’s National Helpline) 1-800-662-HELP (4357)